

April 23, 2012

FOR IMMEDIATE RELEASE

## **Safe Routes Nebraska, Schools Across the State Set to Celebrate Spring Walk to School Day, April 25**

Children, parents and teachers from across the state will take a step toward healthier lifestyles on April 25 when they walk or bike to school in celebration of Spring Walk to School Day. More than 4,500 children are expected to participate in activities including walking school buses, safety presentations, health fairs and walk-a-thons. Nebraska schools will join thousands of communities around the world that are working to stamp out childhood obesity and promote daily activity through safe routes for walking and biking to school.

### Local event details are as follows:

- **Who:** Nebraska children, their schools and their communities.
- **What:** Promoting healthy lifestyles and safe routes to school for Spring Walk to School Day.
- **When:** Wednesday, April 25, 2012
- **Where:** Check with your local school for event details or go to [www.SafeRoutesNE.com](http://www.SafeRoutesNE.com) to see a list of registered events across Nebraska.
- **Why:** To encourage more children to walk or bike to school

“Spring Walk to School Day is a fun way to step out and share the benefits of daily exercise with children,” said Angela Barry, program coordinator for Safe Routes Nebraska. “Children, parents and school administrators will be promoting safe routes and healthy habits when they park their cars and put on their walking shoes April 25.”

For a complete list of registered events across Nebraska, visit [www.SafeRoutesNE.com](http://www.SafeRoutesNE.com). Spring Walk to School Day events are conducted through Safe Routes Nebraska, a part of the National Safe Routes to School program. Through the Safe, Accountable, Flexible, Efficient Transportation Equity Act: A Legacy for Users, passed in 2005, Congress designated \$612 million toward developing the National Safe Routes to School program. Money is distributed to the Nebraska Department of Roads to fund education, planning and implementation of Safe Routes to School plans and programs.

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