



This Menu is subject to change.  
This institution is an equal opportunity provider.



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



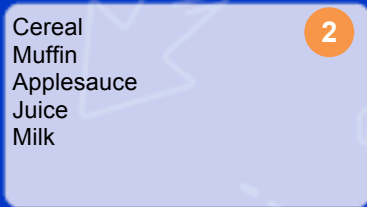
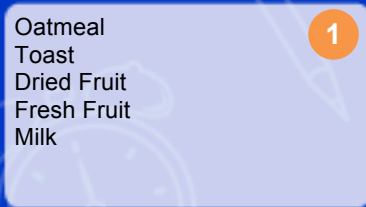
### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



Cereal  
Pop Tart  
Mandarin Oranges  
Juice  
Milk **5**

Egg Bacon Toast  
Peaches  
Juice  
Milk **6**

Pancake  
Sausage Patty  
Mixed Berries  
Fresh Fruit  
Milk **7**

Oatmeal  
Toast  
Dried Fruit  
Fresh Fruit  
Milk **8**

Cereal  
Muffin  
Applesauce  
Juice  
Milk **2**

NO SCHOOL **12**

Scrambled Egg  
Biscuit  
Applesauce  
Fresh Fruit  
Milk **13**

Oatmeal  
Toast  
Fruit Cocktail  
Juice  
Milk **14**

Oatmeal  
Toast  
Cinnamon Apples  
Juice  
Milk **8**

N O SCHOOL **9**

Cereal  
Granola Bar  
Apricots  
Juice  
Milk **19**

Scrambled Egg  
Biscuit  
Applesauce  
Fresh Fruit  
Milk **13**

Oatmeal  
Toast  
Fruit Cocktail  
Juice  
Milk **14**

Egg Taco  
Tropical Fruit  
Fresh Fruit  
Milk **15**

Yogurt Parfait  
Coffee Cake  
Peaches  
Juice  
Milk **16**

Cereal  
Nutrigrain Bar  
Pears  
Juice  
Milk **26**

Omelet  
Toast  
Mandarin Oranges  
Fresh Fruit  
Milk **20**

LATE START  
NO BREAKFAST SERVED **21**

Oatmeal  
Toast  
Dried Fruit  
Fresh Fruit  
Milk **22**

Bagels  
Strawberries  
Juice  
Milk **23**

Cereal  
Nutrigrain Bar  
Pears  
Juice  
Milk **26**

Biscuit  
Egg Patty, Cheese  
Mango  
Fresh Fruit  
Milk **27**

Oatmeal  
Toast  
Cinnamon Apples  
Juice  
Milk **28**

Waffle  
Sausage  
Pineapple  
Fresh Fruit  
Milk **29**

NO SCHOOL **30**